

# WEEKLY E-BULLETIN

Saint Dunstan's Parish, Scarborough



## From the Administrator's Desk

Dear Parishioners,

A blessed Sunday to you all! May the peace and joy of Christ continue to abide in us. We start off our Communion services again this weekend, according to provincial restrictions. May the Lord help us and get us out of this situation definitively. Please continue to book through our **Eventbrite** or via our website page.

The month of May is a special month dedicated universally to our mother, the Blessed Virgin Mary. We hope to celebrate this month with a *daily* rosary from Monday to Friday virtually, at 8 pm.

My hope is that it will be a time of prayers, aspirations, family reunions, and short reflections. Please mark your calendars and join us on the Livestream page at <https://stdunstanssc.archtoronto.org/en/>.

May the Lord keep us in his love and safety. May our Mother Mary intercede for us all and for the whole world.

Wishing you God's blessings today and always,

*Fr. Victor Amole*

## OVERVIEW:

- From the Administrator's Desk
- Parish News
- Around the Archdiocese & Beyond
- Wednesday Audience with Pope Francis
- Featured: St. Mark (April 25)



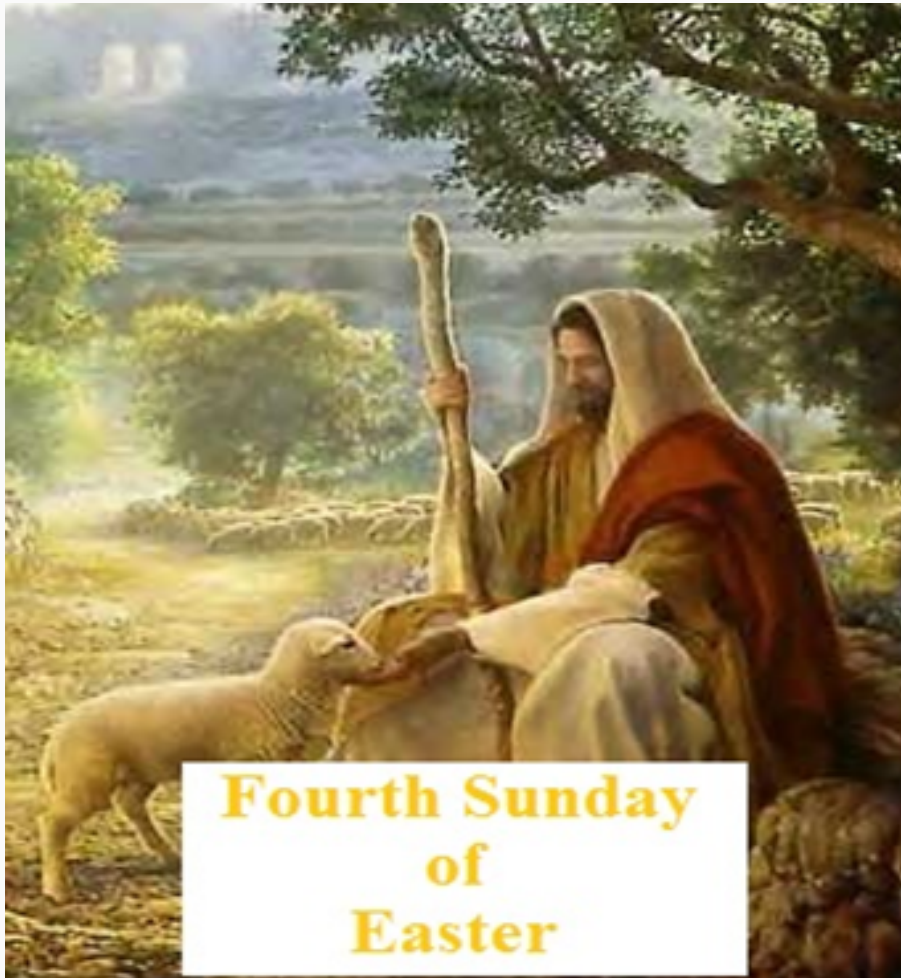
## MASS SCHEDULE

April 26th	9:00AM
April 27th	9:00AM
April 28th	7:00PM
April 29th	9:00AM
April 30th	9:00AM
May 2nd	10:00AM

# GOSPEL INSPIRATION

**We shall be like him, for we shall see him as he is**

What a marvelous promise! John is telling us that when we see Jesus in heaven, “as he is”, we will be transformed (1 John 3:2). That vision of Christ will have such a powerful effect on us that all of the sinful tendencies we have accumulated over the years will be no more, and we will become like him. All our selfishness, our pride, our lusts, and our pettiness will melt away.



But what is it about seeing Jesus that brings about such a change? After all, his three closest disciples, including John himself, saw Jesus’ heavenly glory at the transfiguration, but it didn’t have as powerful an effect on them. They still had a lot of changing to do (Mark 9:2-12). The difference is that in heaven we will see Jesus as he is after his death and resurrection. We’ll see him as the “Lamb” who was “slain” for us and who bears the marks of his death as emblems of his love. And not only will we see the evidence of Jesus’ love, but we we’ll be enveloped in it.

The world has never seen a love as complete and pure as the love Jesus has for us. There is no self-interest in it. There is no conditions. There is only love: pure and strong and merciful. No where there is love like this, there is no room for sin of any kind. That’s what the future holds. But this vision isn’t limited to the day we stand before Jesus in heaven. We can “see” him every single day: in our prayers, in the Scriptures, and in the people and the world around us. And most powerfully, we can see him, and receive him, at every Mass: the Lamb of God who takes away the sins of the world. So come and behold Jesus today. Come and see him with the eyes of your heart, and let what you see make you a little more like him.

**Source: Living With Christ**

**Universal Intention of Pope Francis for April 2021: Fundamental Rights**

We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis.



# Parish News

## Sincerest Condolences



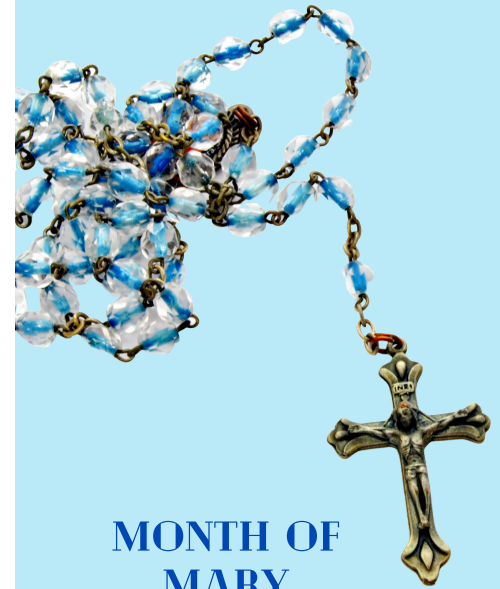
Our heart goes out to the family of **Elizabeth Baring** who passed to eternity. The funeral was last Friday.

May her Soul and the souls of all the faithful departed rest in peace. Amen.

## Update on First Holy Communion Celebration

Please be advised that First Holy Communion Celebrations will be held immediately after the present restrictions are lifted. The celebration will be scheduled **with as little as one week's notice**. Please prepare for this eventuality.

## The Saints Corner - a new feature on the website



## MONTH OF MARY MAY DEVOTION

Saint Dunstan's parish celebrates the month of May with rosary devotion throughout the month, from Monday to Friday.

**Join us at 8 pm** on our livestream page and let us pray, aspire, reflect and rest together in the peace and reassurance of the Blessed Virgin Mary.

May she intercede for us, for our families, and for the entire world.

## New Covid-19 Restrictions

PLACES OF WORSHIP, AS OF APRIL 19, 2021

- Parishes must restrict attendance inside the church to 10 people, including priests hearing confessions or a staff member/volunteer required to monitor capacity restrictions. **Public masses must be temporarily cancelled. Sunday Mass at St. Dunstan's Church will be livestreamed at 10:00AM.**
- **Holy Communion services at St. Dunstan's will continue on Saturday afternoon from 4:00PM to 6:00PM and on Sunday from 11:00AM to noon, as in the past, if desired. Please use Eventbrite for reservations.**
- St. Dunstan's Church **will be open for private prayers during the week (Monday to Friday) from 10am to 12noon.**
- No meetings can take place in parish halls or other church spaces at this time.
- Weddings, funerals and baptisms are restricted to 10 persons, including those who are involved in ministry (priest, cantor, etc.).
- **First Holy Communion, First Reconciliation and Confirmation have been postponed until further notice.**
- The office will be closed. Staff will work remotely wherever possible. Parish offices closed to the public - limited essential appointments only.



Please watch for our cartoon catechesis on virtue (a 6-part series) which debuts next week. *Thanks to our team of writers and animators.*

## Around the Archdiocese & Beyond

### Reclaiming Love Theology of the Body

This event is for Everyone. The realities of masculinity, femininity, and gender, and the relation of these to our identity, are being questioned like never before. In this free webinar, Jason Evert, internationally-known Catholic speaker and author, will lead the discussion beyond feelings to help us embrace an integrated understanding of the truth of our identity.

REGISTER NOW 

## ShareLife

Sharelife Collection dates for the 2021 campaign have been moved to **June 20th and October 3rd**.

Please note that the envelopes in your offertory box will have different dates on them, but donations will be accepted anytime. Thank you for your generosity.

For the week of April 19–24, let us all join, as a community, in prayer for vocations to the priesthood, religious or consecrated life. We also ask that you pray for our six soon-to-be priests, along with all who are discerning and who are currently in formation at St. Augustine's Seminary. Thank you for your continued support as we work and pray together to the Lord of the Harvest to send labourers into His vineyard. Click on the icon below to be re-directed to a special prayer for vocations.



### New Intersessory Prayer in Times of Covid-19

Bishop Robert Kasun has issued a special prayer of healing and hope. He has asked that we lift up our voices to God together at this time of distress. Click on the prayerful hands (*top*) to be directed to the prayer.



Ours is a "throwaway culture," in the words of Pope Francis — one in which the vulnerable are too-often discarded like trash. Join us for a free webinar with Professor Camosy about how a Consistent Life Ethic can unite us and build this political culture, one rooted in love and human dignity. Register at: <http://bit.ly/ThrowawayCultureC>



### RESISTING THROWAWAY CULTURE

HOW A CONSISTENT LIFE ETHIC  
CAN UNITE A FRACTURED PEOPLE

Ours is a "throwaway culture", in the words of Pope Francis—one in which the vulnerable are too-often discarded like trash. *It doesn't have to be this way.* In his book *Resisting Throwaway Culture*, Fordham University professor Charles Camosy calls us to transcend the left-right political divide in favour of a Catholic culture of hospitality and encounter where "no one is useless, no one is expendable... [and includes] those on the peripheries of life." **Join us for a free webinar with Professor Camosy about how a Consistent Life Ethic can unite us and build this political**

### Euthanasia Prevention Coalition

Canada legalized euthanasia in June, 2016. A few weeks ago, the Canadian Senate voted to pass Bill C-7 with 5 amendments which included expanding euthanasia to people with mental illness. Oppose Bill C-7 now and demand that parliament reject euthanasia for grievous and irremediable mental illnesses.

To sign this petition opposing Bill-C7 and for more information about the organization please go to [Euthanasia Prevention Coalition Canada](http://EuthanasiaPreventionCoalitionCanada.org) or [epcc.ca](http://epcc.ca)

### Lector Formation Webinar

Lectors, readers and clergy are invited to join a webinar on Wednesday, May 12, 2021 from 7 to 8:30 p.m. The webinar will provide an opportunity for everyone to learn more about the use of Scripture in the liturgy and to reflect on the role Scripture and liturgy have in deepening a relationship with God.

There is **no cost** to attend but registration is required. Information on how to join will be sent to you upon registration. To register, please visit <http://bit.ly/LFW-RegisterMay2021>

Click on the poster (*above*) to learn more about the event. Or, if you have specific questions, please contact Ella Okonkwo at (416) 934-3400 ext. 523 or email: [formation@archtoronto.org](mailto:formation@archtoronto.org).



*Dear brothers  
and sisters,  
good morning!*


## The Vocal Prayer

*Excerpted from the General Audience on April 21, 2021*

Prayer is dialogue with God; and every creature, in a certain sense, “dialogues” with God. Within the human being, prayer becomes word, invocation, hymn, poetry... The divine Word is made flesh, and in each person’s flesh the word returns to God in prayer.

We create words, but they are also our mothers, and to some extent they shape us. The words of a prayer get us safely through a dark valley, lead us towards green pastures rich in water, and enable us to feast in the presence of an enemy, as the Psalm teaches us (cf. Ps 23). Words are born from feelings, but there is also the reverse path, whereby words shape feelings. The Bible educates people to ensure that everything comes to light through the word, that nothing human is excluded, censored. Above all, pain is dangerous if it stays hidden, closed up within us... Pain that is closed up within us, that cannot express or give vent to itself, can poison the soul. It is deadly.

This is why Sacred Scripture teaches us to pray, sometimes even with bold words. The sacred writers do not want to deceive us about the human person: they know that our hearts also harbour unedifying feelings, even hatred. None of us is born holy, and when these negative feelings come knocking at the door of our hearts, we must be capable of defusing them with prayer and with God’s words. We also find very harsh expressions against enemies in the Psalms — expressions that the spiritual masters teach us are to be directed to the devil and to our sins — yet they are words that belong to human reality and ended up in the riverbed of the Sacred Scriptures. They are there to testify to us that if, in the face of violence, no words existed to make negative feelings harmless, to channel them in such a way that they do no harm, then the world would be overwhelmed.



The first human prayer is always a vocal recitation. The lips always move first. Although we are all aware that praying does not mean repeating words, vocal prayer is nevertheless the surest, and can always be practised. Feelings, on the other hand, however noble, are always uncertain: they come and go, they leave us and return. Not only that, but the graces of prayer are also unpredictable: at times consolations abound, but on the darkest days they seem to evaporate completely.

The prayer of the heart is mysterious, and at certain times it is lacking. Instead, the prayer of the lips that is whispered or recited together, is always accessible, and is as necessary as manual labour. The Catechism teaches us about this, and states that: “Vocal prayer is an essential element of the Christian life. To his disciples, drawn by their Master’s silent prayer, Jesus teaches a vocal prayer, the Our Father” (n. 2701). “Teach us how to pray”, the disciples asked Jesus, and Jesus taught them a vocal prayer: the Lord’s Prayer. And everything is there, in that prayer.

We should all have the humility of certain elderly people who, in church, perhaps because their hearing is no longer acute, recite quietly the prayers they learned as children, filling the nave with whispers. That prayer does not disturb the silence, but testifies their fidelity to the duty of prayer, practiced throughout their lives without fail.



twitter

*Pope’s Thoughts in Tweets: For God, you are that little coin that the Lord seeks without pause. He wants to tell you that you are precious and unique in His eyes. No one can take your place in the heart of God.*

## Featured: St. Mark - April 25th

One of Christ's disciples and the four evangelists, Saint Mark was born in **Libya** but his date of birth is unknown. He traveled with Saint Barnabas and Saint Paul on many religious missions, during which he **founded the Church of Alexandria**. He died circa April 25, 68 A.D. in Alexandria, Egypt. In the 9th century, his relics were relocated to Venice. He is the patron saint of Venice.



Most of what we know about Mark comes directly from the New Testament. He is usually identified with the Mark of Acts 12:12. When Saint Peter escaped from prison, he went to the home of Mark's mother. The oldest and the shortest of the four Gospels, the Gospel of Mark emphasizes Jesus's rejection by humanity while being God's triumphant envoy. Probably written for gentile converts in Rome—after the death of Peter and Paul sometime between A.D. 60 and 70—Mark's Gospel is the gradual manifestation of a "scandal": a crucified Messiah.

Like another Gospel writer Luke, Mark was not one of the 12 apostles. We cannot be certain whether he knew Jesus personally.

### Keeping You Posted *by Jay Franco*

Egypt - circa 1968. This emerald green stamp was printed by Egypt and shows St. Mark the Evangelist and St. Mark's Coptic Orthodox Cathedral in Cairo.



“  
Whoever does the will  
of God is my brother  
and sister and  
mother.  
(St. Mark 3:35)  
”

Others hold Mark to be the first bishop of Alexandria, Egypt. Venice, famous for the Piazza San Marco, claims Mark as its patron saint; the large basilica there is believed to contain his remains.

A winged lion is Mark's symbol. The lion derives from Mark's description of John the Baptist as a "voice of one crying out in the desert" (Mark 1:3), which artists compared to a roaring lion. The wings come from the application of Ezekiel's vision of four winged creatures to the evangelists. **Mark fulfilled in his life what every Christian is called to do: proclaim to all people the Good News that is the source of salvation. In particular, Mark's way was by writing. Others may proclaim the Good News by music, drama, poetry, or by teaching children around a family table. (Source: Franciscan Media)**

### Keeping You Posted *by Jay Franco*



This is a Canadian 17 cent stamp that features Marie de l'Incarnation, 1599-1672. The stamp was issued on April 24, 1981. The stamp design is based on a statue of the saint by sculptor, Emile Brunet. The statue still stands in the courtyard of the Ursuline Convent in Quebec.

## Reflection of the Week

**The Good Shepherds** In San Salvador on March 24, 1980, an assassin killed Archbishop Oscar Romero with a single shot to the heart while he was saying Mass. Only a few minutes before, Archbishop Romero had finished a hope-filled homily in which he urged the people to serve one another. Since Archbishop Romero was demanding human rights for his people under oppression, he knew that his life was in danger. Still he persisted in speaking out against tyranny and for freedom. He once told newspapermen that even if his enemies killed him, he would rise again among his people. — Today, good shepherds who lay down their lives include husbands and wives who can't do enough for each other to demonstrate their commitment to each other; parents who make countless sacrifices for the good of their children; teachers who spend untold hours instructing the weak students; doctors and nurses who work untiringly to show they care for their patients; employers who share profits with their workers; politicians who unselfishly promote the common good of their voters, and parishioners who generously support their parish community. (Albert Cylwicki in *His Word Resounds*).

### REMEMBER!

#### Devotion to Our Lady of Perpetual Help

Wednesday evenings at 7:00PM. Please Join Us *Online*.



## SUPPORT YOUR PARISH

BY FATHER VICTOR

Due to the limitations caused by the pandemic, many parishioners have not been able to offer their donations to help upkeep our Church.

I've listed a few ways in which you might like to continue supporting Saint Dunstan's Parish.

We appreciate your generosity at this difficult time.

- **ENVELOPES:** Envelopes can be dropped off at the church office. Please call ahead: 416-694-2811
- **MONTHLY WITHDRAWALS:** Consider pre-authorized giving For more information: <https://stdunstanssc.archtoronto.org/About-Us/donate>
- **CREDIT / DEBIT:** Donate online using your credit card or your chequing account. Visit: <https://stdunstanssc.archtoronto.org/About-Us/donate>
- **ON-LINE BANKING:** Contribute to the offertory via on-line banking. Visit: <https://stdunstanssc.archtoronto.org/About-Us/donate>

## CONTACT SAINT DUNSTAN'S CHURCH

3150 Danforth Avenue  
Scarborough MIL 1B6

Office: 416-694-2811

Email: [stdunstan@rogers.com](mailto:stdunstan@rogers.com)

**In this year of Saint Joseph, we are encouraged to say this special prayer, asking for his intercession.**

### Special Prayer to St. Joseph

*To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy spouse, we confidently invoke your patronage also. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.*

*O most watchful Guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be propitious to us and from heaven assist us in our struggle with the power of darkness; and, as once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die holily, and to obtain eternal happiness in heaven. Amen*