

Saint Dunstan's Church

3150 DANFORTH AVE., SCARBOROUGH, ON M1L 1B6

OFFICE PHONE: 416-694-2811 FAX: 416-694-2809 EMAIL: stdunstanssc@archtoronto.org

stdunstanssc.archtoronto.org

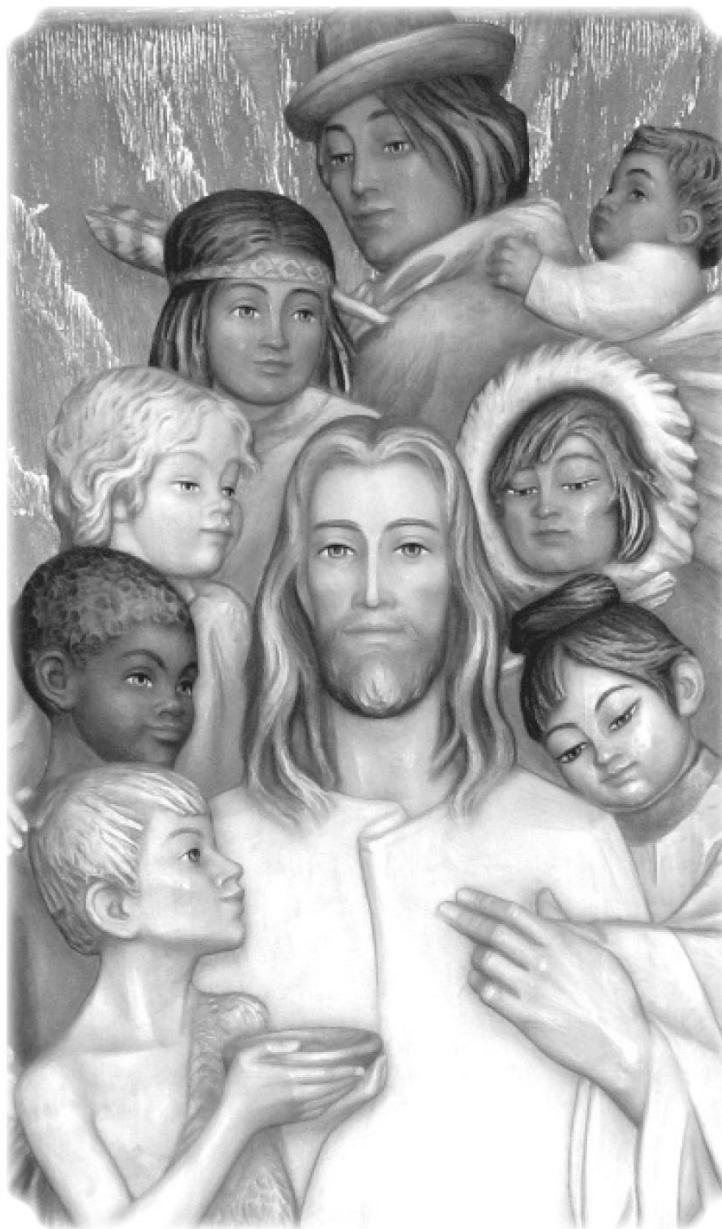
Pastor: Rev. Jeffrey Masterson

Deacon: Rev. Mr. Philip Allard

Secretary: Mrs. Jean Walsh

Office Hours: Tuesday – Friday

Call to make an appointment.



Sunday Masses:

Saturday Vigil Mass: 5:00 p.m.

Sunday Mass: 10:00 a.m., 12:00 noon

Weekday Masses:

Monday, Tuesday, Thursday, Friday 9:00 a.m.

Wednesday/Solemnities 7:00 p.m.

Saturday/Civic Holidays 10:00 a.m.

First Friday 12:10 noon 7:00 p.m.

Confessions:

Saturday 9:15-9:45 a.m., 4:15-4:45 p.m.

Eucharistic Adoration:

First Fridays 12:30 - 7:00 p.m.

Perpetual Help Novena:

Saturday Mass 10:00 a.m.

Communion for the Sick:

Holy Communion will gladly be brought to your home upon request. Please call the parish office.

School:

St. Dunstan's Catholic Elementary School

Telephone: 416-393-5241

St. Vincent de Paul Society.

Helpline: 416-698-0044

Legion of Mary

Catholic Women's League

Baptism:

Second and Fourth Sunday of the Month by appointment only, after completion of a Baptismal Preparation Class. Please pick-up a Baptismal Package from the parish office, read, complete and return same before registering to attend a Baptismal Preparation Class. Upon class completion a date will be set for the Baptism.

Marriage:

The Church asks all couples, whether they are to be married here or overseas, to contact the parish 1 year in advance of their planned date of marriage. Couples are also expected to attend and complete a Marriage Preparation Course. If either party has previously gone through any form of marriage, civil or religious, the priest is not to set a date for the wedding until the Archbishop's office has been consulted.

PLEASE REMEMBER GOD'S CHURCH AMONGST YOUR BLESSINGS AND IN YOUR WILL.



The holy season of Lent begins on Ash Wednesday, 18 February. Lent is the yearly celebration by the Church of her corporate conversion in Christ. During this season, the liturgy prepares catechumens for their Christian initiation, and prepares the faithful for Easter by encouraging them to do penance as they approach the greatest feast of the year. Lent has two main purposes: it recalls baptism or prepares for it, and it emphasizes a spirit of penance. Through forty days of closer attention to God's word, more fervent prayer, acts of self-denial and charity, believers are prepared to celebrate the paschal mystery of Christ's death and rising.



Ash Wednesday 18 February which marks the solemn beginning of Lent is a universal day of fast and abstinence. Masses on Ash Wednesday will be at 12:10 noon and 7:00 p.m. All Catholics are encouraged to receive the ashes on Ash Wednesday.

SUGGESTED LENTEN PENANCES

Prayer: more regular daily prayer; grace at meals; daily Mass; family rosary; Stations of the Cross; visits to the Blessed Sacrament; spiritual reading.

Self-denial: abstaining from certain foods we enjoy or forms of entertainment; giving up snacks, eating in between meals, dessert; reducing the amount we eat; more careful observance of Friday as a day of abstinence from meat; giving up smoking, alcohol, movies, a favourite television programme, computer games.

Charity: begins at home; visiting the sick; volunteer work at a hospital or nursing home; increased sacrificial giving to the parish and ShareLife; help the poor in the community through the St. Vincent de Paul Society.

FASTING AND ABSTINENCE

All Christ's faithful are obliged by divine law to do penance. In order to assist Catholics to fulfil this obligation the Church prescribes that penance be done on certain days. According to the current discipline of the Church, the penitential character of Lent is to be maintained; the weekdays of Lent are special days of penance for the Church throughout the world.

Ash Wednesday and all Fridays of the year are days of abstinence from meat. This law is binding on all Catholics 14 years and older. The faithful may substitute some act of piety or charity on Fridays.

Ash Wednesday and Good Friday are also days of fast for those 18 to 59 years of age inclusive.

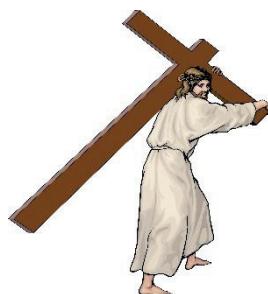
Traditionally on days of fast only one full meal may be taken. The other two meals should not equal another full meal. ***Parents should teach their children the meaning of penance and encourage them to make sacrifices appropriate to their age.***

CAMPAIGN LIFE COLLECTION COINS FOR LIFE

Containers are available this weekend for those wishing to help Campaign Life Coalition in its annual "Coins for Life" fundraising project. Throughout Lent deposit your loose change in the container and return it at the end of Lent. Your small change can lead to a big change when you support Campaign Life in its pro-life education endeavours.

40 CANS FOR LENT

The Beaches Council #7008 of the Knights of Columbus invites parishioners to donate cans of non-perishable food to their 40 Cans for Lent project. All donations will be given to Good Shepherd Centre. Donations can be placed in the box in the vestibule of the church.



STATIONS OF CROSS

FRIDAYS IN LENT
at 7:00 p.m.

PARISH LENTEN RETREAT

We are pleased to announce a Parish Lenten Retreat **Evening on Monday, March 23 ~ 6:30-9:00 p.m.** conducted by Father Roni George from the Divine Retreat Centre and his team, including a music ministry. The evening will include Stations of the Cross, a conference on Returning to God and Renewal of Life, exposition of the Blessed Sacrament and a Healing Mass concluding with light refreshments.

Everyone is invited. There is no cost to participate.

DISCERNMENT WEEKEND RETREAT

The Office of Vocations of the Archdiocese is hosting a Come & See Discernment Weekend for single men 18 years and older who are interested in discerning and learning more about the diocesan priesthood, February 27 ~ March 1, at St. Augustine's Seminary. Suggested donation is \$100 but no one will be turned away for financial reasons. Register online at

www.vocationstoronto.ca/comesee

LIFT JESUS HIGHER RALLY

The 2026 Lift Jesus Higher Rally will be held Saturday, March 14 at the Metro Toronto Convention Centre (North Building) 9:00 a.m.~ 5:30 p.m. with the theme "No Greater Love". Come experience why thousands return each year. Compelling speakers, inspiring personal testimonies, powerful praise & worship music, and eucharistic adoration.

A separate Youth Rally for those 13~18 years.

Adult Rally \$49.00 ~ Youth Rally \$25.00

For tickets and information visit, www.LJHR.ca

17th ANNUAL DYNAMIC WOMEN OF FAITH CONFERENCE

SATURDAY, MARCH 22, 2026

Le Treport Banquet Hall, Missisauga

Doors open 8:00 a.m.

Program 9:00 a.m. ~ 4:00 p.m.

Light Lunch ~ Free Parking ~ Door Prizes

Speakers include Johnette Williams, host of EWTN's Women of Grace

Mass celebrated by Bishop Ivan Camilleri
Early Bird Registration (before February 14)
Register at www.dynamicwomenfaith.com or
Tickets available at dwf2026.eventbrite.ca

Mass Intentions FOR THE WEEK

Monday	16 February	Family Day
10:00 a.m.	Mass for the Family	
Tuesday	17 February	
9:00 a.m.	Repose of Mary Jane Lynn Amyotte Req. by Marie Belanger	
Wednesday	18 February	
	ASH WEDNESDAY	
	<i>Universal Day of fasting and abstinence from meat</i>	
12:10 noon.		
7:00 p.m.	Repose of Rita Shaughnessy Req. by Grace Ramirez	
Thursday	19 February	
7:00 p.m.		
Friday	20 February	
	<i>Friday is a day of penitential observance</i>	
9:00 a.m.		
Saturday	21 February	
10:00 a.m.	Protection of Unborn Children Req. by Masses for Life Project	
	FIRST SUNDAY OF LENT	
5:00 p.m.	Repose of Michael Blackett Req. by Grace Ramirez	
Sunday	22 February	
10:00 a.m.	Intentions of All Parishioners	
12:00 noon	Repose of Magdelene Travas Req. by Lynda Rodriguez	

SACRAMENTAL PREPARATION

Children preparing for First Communion and candidates for Confirmation are reminded to see Father Jeff after Sunday Mass every week, to assure him of their presence.



Personal and
Small Business
Year Round Service
1714 Danforth Ave.
416-406-9990



CATHOLIC CEMETERIES
FUNERAL SERVICES

In keeping with your Catholic faith
www.catholic-cemeteries.com

Holy Cross Cemetery & Funeral Home 905-889-7467
Mount Hope Cemetery 416-483-4944



Claudio Carreiro
Franchiser/Operator
3400 Danforth Ave.
416-699-2506



Scarbоро
Subaru

Our Family Serving your Family since 1976
416-265-4411 | 2590 Eglinton Ave E
www.ScarboroSubaru.ca



Remember...

Let our advertisers know
you saw their ad here.



Memorial Galleries Inc.
Monument Factory Outlet

Save up to 75% compared to cemeteries
Upright Monument • Granite and Bronze Markers
416-759-0293 53 Bertrand Ave., Unit 1
www.memorialgalleries.ca

Call
905-624-4422
for this space

**THE PERFECT SPOT TO ADVERTISE
YOUR BUSINESS!**



TO ADVERTISE IN THIS SPACE PLEASE CALL 905-624-4422



Shopping Locally Saves Gas!