

Saint Dunstan's Church

3150 DANFORTH AVE., SCARBOROUGH, ON M1L 1B6

OFFICE PHONE: 416-694-2811 FAX: 416-694-2809 EMAIL: stdunstanssc@archtoronto.org

stdunstanssc.archtoronto.org

Pastor: Rev. Jeffrey Masterson
Deacon: Rev. Mr. Philip Allard
Secretary: Mrs. Jean Walsh
Office Hours: Tuesday – Friday
Call to make an appointment.

Sunday Masses:

Saturday Vigil Mass: 5:00 p.m.
Sunday Mass: 10:00 a.m., 12:00 noon

Weekday Masses:

Monday, Tuesday, Thursday, Friday 9:00 a.m.
Wednesday/Solemnities 7:00 p.m.
Saturday/Civic Holidays 10:00 a.m.
First Friday 12:10 noon 7:00 p.m.

Confessions:

Saturday 9:15-9:45 a.m., 4:15-4:45 p.m.

Eucharistic Adoration:

First Fridays 12:30 - 7:00 p.m.

Perpetual Help Novena:

Saturday Mass 10:00 a.m.

Communion for the Sick:

Holy Communion will gladly be brought to your home upon request. Please call the parish office.

School:

St. Dunstan's Catholic Elementary School
Telephone: 416-393-5241

St. Vincent de Paul Society.

Helpline: 416-698-0044

Legion of Mary

Catholic Women's League

Baptism:

Second and Fourth Sunday of the Month by appointment only, after completion of a Baptismal Preparation Class. Please pick-up a Baptismal Package from the parish office, read, complete and return same before registering to attend a Baptismal Preparation Class. Upon class completion a date will be set for the Baptism.

Marriage:

The Church asks all couples, whether they are to be married here or overseas, to contact the parish 1 year in advance of their planned date of marriage. Couples are also expected to attend and complete a Marriage Preparation Course. If either party has previously gone through any form of marriage, civil or religious, the priest is not to set a date for the wedding until the Archbishop's office has been consulted.





The holy season of Lent begins on Ash Wednesday, 18 February. Lent is the yearly celebration by the Church of her corporate conversion in Christ. During this season, the liturgy prepares catechumens for their Christian initiation, and prepares the faithful for Easter by encouraging them to do penance as they approach the greatest feast of the year. Lent has two main purposes: it recalls baptism or prepares for it, and it emphasizes a spirit of penance. Through forty days of closer attention to God's word, more fervent prayer, acts of self-denial and charity, believers are prepared to celebrate the paschal mystery of Christ's death and rising.



Ash Wednesday 18 February which marks the solemn beginning of Lent is a universal day of fast and abstinence. Masses on Ash Wednesday will be at 12:10 noon and 7:00 p.m. All Catholics are encouraged to receive the ashes on Ash Wednesday.

SUGGESTED LENTEN PENANCES

Prayer: more regular daily prayer; grace at meals; daily Mass; family rosary; Stations of the Cross; visits to the Blessed Sacrament; spiritual reading.

Self-denial: abstaining from certain foods we enjoy or forms of entertainment; giving up snacks, eating in between meals, dessert; reducing the amount we eat; more careful observance of Friday as a day of abstinence from meat; giving up smoking, alcohol, movies, a favourite television programme, computer games.

Charity: begins at home; visiting the sick; volunteer work at a hospital or nursing home; increased sacrificial giving to the parish and ShareLife; help the poor in the community through the St. Vincent de Paul Society.

FASTING AND ABSTINENCE

All Christ's faithful are obliged by divine law to do penance. In order to assist Catholics to fulfil this obligation the Church prescribes that penance be done on certain days. According to the current discipline of the Church, the penitential character of Lent is to be maintained; the weekdays of Lent are special days of penance for the Church throughout the world.

Ash Wednesday and all Fridays of the year are days of abstinence from meat. This law is binding on all Catholics 14 years and older. The faithful may substitute some act of piety or charity on Fridays.

Ash Wednesday and Good Friday are also days of fast for those 18 to 59 years of age inclusive.

Traditionally on days of fast only one full meal may be taken. The other two meals should not equal another full meal. *Parents should teach their children the meaning of penance and encourage them to make sacrifices appropriate to their age.*

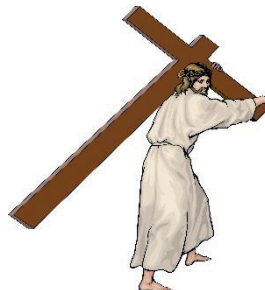
CAMPAIGN LIFE COLLECTION

COINS FOR LIFE

Containers are available this weekend for those wishing to help Campaign Life Coalition in its annual "Coins for Life" fundraising project. Throughout Lent deposit your loose change in the container and return it at the end of Lent. Your small change can lead to a big change when you support Campaign Life in its pro-life education endeavours.

40 CANS FOR LENT

The Beaches Council #7008 of the Knights of Columbus invites parishioners to donate cans of non-perishable food to their 40 Cans for Lent project. All donations will be given to Good Shepherd Centre. Donations can be placed in the box in the vestibule of the church.



STATIONS OF CROSS

FRIDAYS IN LENT
at 7:00 p.m.

PARISH LENTEN RETREAT

We are pleased to announce a **Parish Lenten Retreat Evening on Monday, March 23 ~ 6:30-9:00 p.m.** conducted by Father Roni George from the Divine Retreat Centre and his team, including a music ministry. The evening will include Stations of the Cross, a conference on Returning to God and Renewal of Life, exposition of the Blessed Sacrament and a Healing Mass concluding with light refreshments. Everyone is invited. There is no cost to participate.

DISCERNMENT WEEKEND RETREAT

The Office of Vocations of the Archdiocese is hosting a Come & See Discernment Weekend for single men 18 years and older who are interested in discerning and learning more about the diocesan priesthood, February 27 ~ March 1, at St. Augustine's Seminary. Suggested donation is \$100 but no one will be turned away for financial reasons. Register online at www.vocationstoronto.ca/comeandsee

LIFT JESUS HIGHER RALLY

The 2026 Lift Jesus Higher Rally will be held Saturday, March 14 at the Metro Toronto Convention Centre (North Building) 9:00 a.m.~ 5:30 p.m. with the theme "No Greater Love". Come experience why thousands return each year. Compelling speakers, inspiring personal testimonies, powerful praise & worship music, and eucharistic adoration.

A separate Youth Rally for those 13~18 years.

Adult Rally \$49.00 ~ Youth Rally \$25.00

For tickets and information visit, www.LJHR.ca

17th ANNUAL DYNAMIC WOMEN OF FAITH CONFERENCE

SATURDAY, MARCH 22, 2026

Le Treport Banquet Hall, Mississauga

Doors open 8:00 a.m

Program 9:00 a.m. ~ 4:00 p.m.

Light Lunch ~ Free Parking ~ Door Prizes

Speakers include Johnette Williams, host of EWTN's Women of Grace

Mass celebrated by Bishop Ivan Camilleri

Early Bird Registration (before February 14)

Register at www.dynamicwomenfaith.com or

Tickets available at dwf2026.eventbrite.ca



Monday 16 February *Family Day*
Mass for the Family

10:00 a.m

Tuesday 17 February
9:00 a.m. Repose of Mary Jane Lynn Amyotte
Req.by Marie Belanger

Wednesday 18 February
ASH WEDNESDAY
Universal Day of fasting and abstinence from meat
12:10 noon.

7:00 p.m. Repose of Rita Shaughnessy
Req.by Grace Ramirez

Thursday 19 February
7:00 p.m.

Friday 20 February
Friday is a day of penitential observance
9:00 a.m.

Saturday 21 February
10:00 a.m. Protection of Unborn Children
Req.by Masses for Life Project

FIRST SUNDAY OF LENT
5:00 p.m. Repose of Michael Blackett
Req.by Grace Ramirez

Sunday 22 February
10:00 a.m. Intentions of All Parishioners
12:00 noon Repose of Magdelene Travas
Req.by Lynda Rodriguez

SACRAMENTAL PREPARATION

Children preparing for First Communion and candidates for Confirmation are reminded to see Father Jeff after Sunday Mass every week, to assure him of their presence.



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