

Living the
Gospel

ShareLife Sunday Collection: March 29/30

Your gift brings hope to those served by 40
Catholic agencies in our community and beyond!
Please give at our parish or sharelife.org/donate

SL ShareLife
sharelife.org | [X](#) [f](#) [@](#) /ShareLifeCan

Saint Dunstan's Church

3150 DANFORTH AVE., SCARBOROUGH, ON M1L 1B6

OFFICE PHONE: 416-694-2811 FAX: 416-694-2809

EMAIL: stdunstanssc@archtoronto.org

WEBSITE: stdunstanssc.archtoronto.org

LENTEN REFLECTIONS

The Canadian Conference of Catholic Bishops has produced a Lenten Video Series entitled “Journey through Lent” with reflections on the readings for Ash Wednesday and the Sundays of Lent, and are now available on the CCCB website

www.cccb.ca/lent

BUNDLE SUNDAY

This weekend is Bundle Sunday in support of the St. Vincent de Paul Society. Your donations of clothing, footwear, bedding, fabric, drapes, towels, and toys (new only) should be brought to the parish lounge before or after the Sunday Masses. Please note: the SVP truck will not be in the parking lot. As usual, furniture, appliances, mattresses, dishes, books audio or video tapes will not be accepted.

SACRAMENTAL PREPARATION

Children preparing for First Communion and candidates for Confirmation are reminded to see Father Jeff after Sunday Mass every week, to assure him of their presence.

HOLY WEEK VOLUNTEERS

Altar Servers, Eucharistic Ministers and Ushers are asked to volunteer using the schedules in the Sacristy and Ushers Room.

EASTER VIGIL REFRESHMENTS

Those planning to attend the Easter Vigil on Holy Saturday, the Church’s greatest liturgical celebration, are asked to consider helping with the refreshments for the reception following the Vigil. Food for the reception can be brought to the parish lounge before the Vigil begins at 9:00 p.m. Saturday, April 19.

PAPAL PRAYER INTENTION FOR APRIL

Parishioners are encouraged to keep the Holy Father’s intention in their daily prayers

That the use of new technologies will not replace human relationships, will respect the dignity of the person, and will help us face the crises of our times.

SHARELIFE APPEAL 2025

This Sunday is the first collection for ShareLife. This campaign will help agencies of Catholic Charities throughout the Archdiocese as well as missionary endeavours and developing countries around the world. The Archdiocese has suggested a 2025 goal for St. Dunstan’s of \$31,500. Your generosity is appreciated.

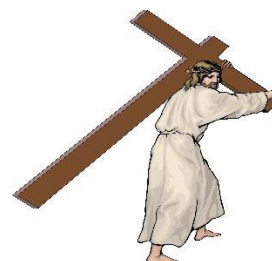


EASTER DUTY

The Compendium of the Catechism of the Catholic Church lists five precepts “which are meant to guarantee to the faithful the indispensable minimum in the spirit of prayer, the sacramental life, moral commitment and growth in love of God and neighbour” (#431). All Catholics are bound in conscience to observe these precepts which are considered “necessary for salvation” (#430). Among these precepts are the following two which constitute our “Easter Duty”: “to confess one’s sins, receiving the sacrament of Reconciliation at least once a year” and “receive the sacrament of the Eucharist at least during the Easter season” (#432). To obey these precepts is a serious obligation for all Catholics. The time for fulfilling our Easter duty annually is from Ash Wednesday to Pentecost Sunday. Jesus founded the Church and instituted the sacraments to convey His grace to the faithful. We should, therefore, always remember that we cannot bypass the Church and her sacraments. The Catechism of the Catholic Church reminds us that “Individual and integral confession of grave sins followed by absolution remains the only ordinary means of reconciliation with God and with the Church” (#1497). Saint John Paul II entreated: “*To those who have been far away from the Sacrament of Reconciliation and forgiving love, I make this appeal: come back to this source of grace, do not be afraid! Christ himself is waiting for you. He will heal you, and you will be at peace with God.*”

REMEMBER

Stations of the Cross this week will follow the First Friday Mass at 7:00 p.m.



PALLIATIVE CARE

As our former Archbishop Cardinal Collins said:
 “It is up to every Canadian to foster a culture of care and love for one another. The answer is not assisted death in its many forms; it is accompanying our family, our friends and even strangers to assist them in life, recognizing the inherent dignity of every person.”

As more and more Canadians are considering what euphemistically referred to as “Medical Assistance in Dying”, the Church has repeatedly called on the government to provide quality and affordable palliative care as a right for all citizens.

The Archdiocese of Toronto’s Office of Formation for Discipleship has been at the forefront of this life and death issue through their work with the rolling out of the Canadian Conference of Catholic Bishops’ *Horizons of Hope* program. Now the Office has developed a brochure titled, “*Palliative Care and a Catholic Response to Euthanasia and Assisted Suicide*” which is now available. All parishioners are encouraged to take home and read this brochure for a better understanding of this crucial issue. Cardinal Leo, in a recent letter to pastors writes:

“It is my hope that this informative document be made available to all members of the Catholic community throughout our archdiocese. In it, the basics of palliative care are explained; many reasons to choose palliative care are outlined succinctly; the dignity of human life until natural death is explained; and lastly, several other helps are provided including *HopeLine*, *Horizons of Hope*, and information on how to find other palliative care resources on the archdiocesan website.”

COINS FOR LIFE

Containers are available in the vestibule for those wishing to help Campaign Life Coalition in its annual “Coins for Life” fundraising project. Throughout Lent deposit your loose change in the container and return it after Easter. Your small change can lead to a big change when you support Campaign Life in its pro-life education end.

40 CANS FOR LENT

The Beaches Council #7008 of the Knights of Columbus invites parishioners to donate cans of non-perishable food to their 40 Cans for Lent project. All donations will be given to Good Shepherd Centre.



Monday 9:00 a.m.	31 March Special Intention
Tuesday 9:00 a.m.	1 April Special Intention
Wednesday 7:00p.m.	2 April Repose of Richard Farrell Req.by Patrick & Elvie
Thursday 9:00 a.m.	3 April Jeff Burden Req.by Maria Bautista
Friday 12:10 noon 7:00 p.m.	4 April <i>First Friday</i> <i>Friday is a day of penitential observance</i> Protection of Unborn Children Req.by Masses for Life Project Repose of Filomena Rodrigues Req.by Margaret & Santan Lobo
Saturday 10:00 a.m.	5 April <i>First Saturday</i> Helen & Fred Halloran, deceased Relatives & friends Req.by Tardif Family
FIFTH SUNDAY OF LENT	
Sunday 5:00 p.m.	Timoteo, Juliana & Absalona Relojas Req.by Marieta Renacido
Sunday 10:00 a.m. 12:00 noon	6 April All Parishioners Repose of Filomena Rodrigues Req.by Alban & Sharon Soares





**LIBERTY
TAX
SERVICE**

*Personal and
Small Business
Year Round Service*

1714 Danforth Ave.
416-406-9990



Claudio Carreiro
Franchiser/Operator
3400 Danforth Ave.
416-699-2506



**CATHOLIC CEMETERIES
FUNERAL SERVICES**
In keeping with your Catholic faith
www.catholic-cemeteries.com
Holy Cross Cemetery & Funeral Home 905-889-7467
Mount Hope Cemetery 416-483-4944

**Shop LOCAL • Spend LOCAL
Eat LOCAL • Enjoy LOCAL**

*and support the local businesses
that support your parish*

PHYSIOMED®

Contact us to Book an Appointment

Physiotherapy
Chiropractic

Massage Therapy (RMT)
Foot Care & Orthotics

416.698.1441
drhartley@physiomed.ca

3331 DANFORTH AVE.
Toronto, Ontario M1L 1C5

Healthier Starts Here.

PHYSIOMED.CA



**Scarboro
Subaru**

Our Family Serving your Family since 1976

416-265-4411 | 2590 Eglinton Ave E
www.ScarboroSubaru.ca

Remember...

Let our advertisers
know you saw
their ad here.



**THE PERFECT SPOT
TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL
905-624-4422**



**Shopping
Locally
Saves Gas**

Don't leave our
advertisers HANGING!
Please patronize and
tell them that you
appreciate their
support
Your advertisers make
this bulletin possible
**EAT LOCAL
SHOP LOCAL
ENJOY LOCAL**



1150 Victoria Park Ave.

**SALES REPRESENTATIVE
WANTED**

Liturgical Publications, your weekly bulletin printer has
an opening for a **full time Sales Representative.**
Base Salary • Commission • Car Allowance • Travel Expenses
If you have a drive to succeed and are self-motivated,
email your resume to salesrep@parishbulletins.com

