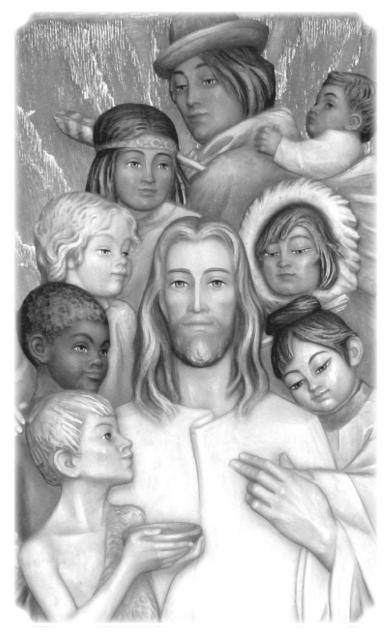
Saint Dunstan's Church

3150 DANFORTH AVE., SCARBOROUGH, ON M1L 1B6

OFFICE PHONE: 416-694-2811 FAX: 416-694-2809 EMAIL: stdunstanssc@archtoronto.org

stdunstanssc. archtoron to. org

Pastor:	Rev. Jeffrey Masterson
Deacon:	Rev. Mr. Philip Allard
Secretary:	Mrs. Jean Walsh
Office Hours:	Tuesday – Friday
	Call to make an appointment.



Sunday Masses:

Saturday Vigil Mass: 5:00 p.m. Sunday Mass: 10:00 a.m., 12:00 noon

Weekday Masses:

Monday, Tuesday, Thursday, Friday 9:00 a.m. Wednesday/Solemnities 7:00 p.m. Saturday/Civic Holidays 10:00 a.m. First Friday 12:10 noon 7:00 p.m.

Confessions:

Saturday 9:15-9:45 a.m., 4:15-4:45 p.m.

Eucharistic Adoration:

First Fridays 12:30 - 7:00 p.m.

Perpetual Help Novena:

Saturday Mass 10:00 a.m.

Communion for the Sick:

Holy Communion will gladly be brought to your home upon request. Please call the parish office.

School:

St. Dunstan's Catholic Elementary School Telephone: 416-393-5241

St. Vincent de Paul Society.

Helpline: 416-698-0044

Legion of Mary

Catholic Women's League

Baptism:

Second and Fourth Sunday of the Month by appointment only, after completion of a Baptismal Preparation Class. Please pick-up a Baptismal Package from the parish office, read, complete and return same before registering to attend a Baptismal Preparation Class. Upon class completion a date will be set for the Baptism.

Marriage:

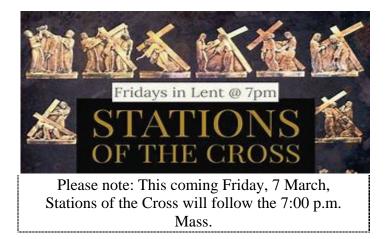
The Church asks all couples, whether they are to be married here or overseas, to contact the parish 1 year in advance of their planned date of marriage. Couples are also expected to attend and complete a Marriage Preparation Course. If either party has previously gone through any form of marriage, civil or religious, the priest is not to set a date for the wedding until the Archbishop's office has been consulted.



The holy season of Lent begins on Ash Wednesday, 5 March. Lent is the yearly celebration by the Church of her corporate conversion in Christ. During this season, the liturgy prepares catechumens for their Christian initiation and prepares the faithful for Easter by encouraging them to do penance as they approach the greatest feast of the year. Lent has two main purposes: it recalls baptism or prepares for it, and it emphasizes a spirit of penance. Through forty days of closer attention to God's word, more fervent prayer, acts of self-denial and charity, believers are prepared to celebrate the paschal mystery of Christ's death and rising.



Ash Wednesday 5 March which marks the solemn beginning of Lent is a universal day of fast and abstinence. Masses on Ash Wednesday will be 12:10 noon and 7:00 p.m. All Catholics are encouraged to receive the ashes on Ash Wednesday.



SUGGESTED LENTEN PENANCES

Prayers: more regular daily prayer; grace at meals; daily Mass; family rosary; Stations of the Cross; visits to the Blessed Sacrament; spiritual reading.

<u>Self-denial:</u> abstaining from certain foods we enjoy or forms of entertainment; giving up snacks, eating in between meals, dessert; reducing the amount we eat; more careful observance of Friday as a day of abstinence from meat; giving up smoking, alcohol, movies, a favourite television programme, computer games.

<u>Charity:</u> begins at home; visiting the sick; volunteer work at a hospital or nursing home; increased sacrificial giving to the church and ShareLife; help the poor in the community through the St. Vincent de Paul Society.

FASTING AND ABSTINENCE

All Christ's faithful are obliged by divine law to do penance. In order to assist Catholics to fulfil this obligation the Church prescribes that penance be done on certain days. According to the current discipline of the Church, the penitential character of Lent is to be maintained; the weekdays of Lent are special days of penance for the Church throughout the world.

Ash Wednesday and all Fridays of the year are days of abstinence from meat. This law is binding on all Catholics 14 years and older. The faithful may substitute some act of piety or charity on Fridays.

Ash Wednesday and Good Friday are also days of fast for those 18 to 59 years of age inclusive.

Traditionally on days of fast only one full meal may be taken. The other two meals should not equal another full meal. *Parents should teach their children the meaning of penance and encourage them to make sacrifices appropriate to their age.*

<u>CAMPAIGN LIFE COLLECTION</u> <u>COINS FOR LIFE</u>

Containers are available this weekend for those wishing to help Campaign Life Coalition in its annual "Coins for Life" fundraising project. Throughout Lent deposit your loose change in the container. Your small change can lead to a big change when you support Campaign Life in its prolife education endeavours.

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LENTEN FILM SERIES

Once again, this year, we will have a series of movies to mark the Lenten Season, on the First, Third and Fifth Sundays of Lent. First up, next Sunday, March 9, "All or Nothing" about the life of Sister Clare Crockett, an aspiring young actress from Northern Ireland who gave her ALL to God, keeping NOTHING back, becoming a religious Sister of the House of Mary who tragically died in the Ecuador earthquake in 2016 and whose cause for canonization is scheduled to be introduced this year. Please note, the movies in the Lenten Film Series are free and showtime is 6:00 p.m. when the church is dark enough.

LIFT JESUS HIGHER RALLY

The 2025 Lift Jesus Higher Rally will be held Saturday, March 29 at the Metro Toronto Convention Centre (North Building) 9:00 a.m.-5:30 p.m. with the theme "Power from on High". Compelling speakers, inspiring personal testimonies, powerful praise & worship music, confessions (12 noon-1:00 p.m.) and eucharistic adoration. Archbishop Emeritus Cardinal Collins will be the principal celebrant at the closing Mass. A separate Youth Rally for those aged 13-18.

Adult Rally \$49.00, Youth Rally \$25.00. For tickets and information, visit <u>www.LJHR.ca</u>

FORMED.ORG

Once again, a generous parishioner has sponsored our parish subscription to formed.org for another year. Formed is an excellent platform of Catholic resources for learning and formation. Avail yourself of this opportunity by clicking on:

https://formed.org/ to subscribe.

Search for this FREE service. You will get to enjoy many formation programmes, write-ups, countless hours of good movies and great cartoons for the children etc. Please make good use of it. *Formed* contains a wealth of information and resources for everyone.

FIRST CONFESSIONS

First Confessions for children registered for First Communion will be **Tuesday, March 18 at 7:00 p.m.** in the church. Parents are asked to help their children at home to prepare for this important event in their lives.



Monday	3 March
9:00 a.m.	Repose of Eduardo Antoa
	Req.by Mother
Tuesday	4 March
9:00 a.m.	Repose of Cathy Erickson
	Req.by Bonnie, Jean De Dee
Wednesday	5 March
A	ASH WEDNESDAY
Universal Day of fasting and abstinence from meat	
12:10 noon ~ 7:00 p.m.	
	All Parishioners
Thursday	6 March
9:00 a.m.	Intentions of Aaron Morton
	Req.by Family& Friends
Friday	7 March First Friday
Friday is a day of penitential observance	
12:10 noon	Intentions of Nolan & Sarah
	Campbell
	Req.by Isabell Campbell
7:00 p.m.	Repose of William Hotchkiss
	Req.by Family
Saturday	8 March
10:00 a.m.	Repose of Roland Gordon
	Req.by Patricia Gordon & Family
FIRST SUNDAY OF LENT	
5:00 p.m.	Irma Bulaclac
	Req.by Friend
Sunday	9 March
10:00 a.m.	All Parishioners
12:00 noon	Repose of Joffre Arzaga
	Req.by Arzaga Family

SACRAMENTAL PREPARATION

Children preparing for First Communion and Candidates for Confirmation are reminded to see Father Jeff after Sunday Mass every week, to assure him of their presence.



