

Saint Dunstan's Church

3150 DANFORTH AVE., SCARBOROUGH, ON M1L 1B6

OFFICE PHONE: 416-694-2811 FAX: 416-694-2809 EMAIL: stdunstanssc@archtoronto.org

stdunstanssc.archtoronto.org

Pastor: Rev. Jeffrey Masterson
Deacon: Rev. Mr. Philip Allard
Secretary: Mrs. Jean Walsh
Office Hours: Tuesday – Friday
Call to make an appointment.

Sunday Masses:

Saturday Vigil Mass: 5:00 p.m.
Sunday Mass: 10:00 a.m., 12:00 noon

Weekday Masses:

Monday, Tuesday, Thursday, Friday 9:00 a.m.
Wednesday/Solemnities 7:00 p.m.
Saturday/Civic Holidays 10:00 a.m.
First Friday 12:10 noon 7:00 p.m.

Confessions:

Saturday 9:15-9:45 a.m., 4:15-4:45 p.m.

Eucharistic Adoration:

First Fridays 12:30 - 7:00 p.m.

Perpetual Help Novena:

Saturday Mass 10:00 a.m.

Communion for the Sick:

Holy Communion will gladly be brought to your home upon request. Please call the parish office.

School:

St. Dunstan's Catholic Elementary School
Telephone: 416-393-5241

St. Vincent de Paul Society.

Helpline: 416-698-0044

Legion of Mary

Catholic Women's League

Baptism:

Second and Fourth Sunday of the Month by appointment only, after completion of a Baptismal Preparation Class. Please pick-up a Baptismal Package from the parish office, read, complete and return same before registering to attend a Baptismal Preparation Class. Upon class completion a date will be set for the Baptism.

Marriage:

The Church asks all couples, whether they are to be married here or overseas, to contact the parish 1 year in advance of their planned date of marriage. Couples are also expected to attend and complete a Marriage Preparation Course. If either party has previously gone through any form of marriage, civil or religious, the priest is not to set a date for the wedding until the Archbishop's office has been consulted.



PLEASE REMEMBER GOD'S CHURCH AMONGST YOUR BLESSINGS AND IN YOUR WILL.



The holy season of Lent begins on Ash Wednesday, 14 February. Lent is the yearly celebration by the Church of her corporate conversion in Christ. During this season, the liturgy prepares catechumens for their Christian initiation, and prepares the faithful for Easter by encouraging them to do penance as they approach the greatest feast of the year. Lent has two main purposes: it recalls baptism or prepares for it, and it emphasizes a spirit of penance. Through forty days of closer attention to God's word, more fervent prayer, acts of self-denial and charity, believers are prepared to celebrate the paschal mystery of Christ's death and rising.



Ash Wednesday (14 February) which marks the solemn beginning of Lent is a universal day of fast and abstinence. Masses on Ash Wednesday will be 12:10 noon and 7:00 p.m. All Catholics are encouraged to receive the ashes on Ash Wednesday.

SUGGESTED LENTEN PENANCES

Prayer: more regular daily prayer; grace at meals; daily Mass; family rosary; Stations of the Cross; visits to the Blessed Sacrament; spiritual reading.

Self-denial: abstaining from certain foods we enjoy or forms of entertainment; giving up snacks, eating in between meals, dessert; reducing the amount we eat; more careful observance of Friday as a day of abstinence from meat; giving up smoking, alcohol, movies, a favourite television programme, computer games.

Charity: begins at home; visiting the sick; volunteer work at a hospital or nursing home; increased sacrificial giving to the church and ShareLife; help the poor in the community through the St. Vincent de Paul Society.

FASTING AND ABSTINENCE

All Christ's faithful are obliged by divine law to do penance. In order to assist Catholics to fulfil this obligation the Church prescribes that penance be done on certain days. According to the current discipline of the Church, the penitential character of Lent is to be maintained; the weekdays of Lent are special days of penance for the Church throughout the world.

Ash Wednesday and all Fridays of the year are days of abstinence from meat. This law is binding on all Catholics 14 years and older. The faithful may substitute some act of piety or charity on Fridays.

Ash Wednesday and Good Friday are also days of fast for those 18 to 59 years of age inclusive. Traditionally on days of fast only one full meal may be taken. The other two meals should not equal another full meal. *Parents should teach their children the meaning of penance and encourage them to make sacrifices appropriate to their age.*

DYNAMIC WOMEN OF FAITH CONFERENCE

Dynamic Women of Faith is holding its annual conference for Catholic women on Saturday, March 23 at The Old Mill (Old Mill subway station). Registration 8:00 a.m., Conference 9:00- 4:00 p.m.

Opening Mass at 9:00 a.m. celebrated by Cardinal Collins. Keynote speaker Kathleen Beckman on "A Family Guide to Spiritual Warfare". Other speakers include Dr. Anna Boyagoda and Tammy Peterson. Early Bird Registration is \$65 before February 14, \$75 after. Light lunch. Free parking. Door prizes. For more information and to register go to www.dynamicwomenfaith.com or call 416-907-1042.

Tickets also available on Eventbrite:

dwf2024.eventbrite.ca

CAMPAIGN LIFE COLLECTION COINS FOR LIFE

Containers are available this weekend for those wishing to help Campaign Life Coalition in its annual "Coins for Life" fundraising project. Throughout Lent deposit your loose change in the container. Your small change can lead to a big change when you support Campaign Life in its pro-life education endeavours.



LIFT JESUS HIGHER RALLY

The 2024 Lift Jesus Higher Rally will be held Saturday, March 2 at the Metro Toronto Convention Centre (North Building) 9:00 a.m. – 5:00 p.m., with the theme “Take Heart” (see Mark 10:46-52).

Come experience why thousands return each year. Compelling speakers, testimonials, powerful music, confessions and eucharistic adoration. Archbishop Francis Leo will be the celebrant of the Mass that afternoon. A separate Youth Rally will be held nearby at the John W.H. Bassett Theatre for those aged 13-18. Adult rally \$30, youth rally \$15. For tickets and information, visit

www.ljhr.ca or email contact@ljhr.ca
or call 647-873-1753

FORMED.ORG

WATCH ~ LEARN ~ SHARE

Once again, a generous parishioner has sponsored our parish subscription to formed.org for another year.

Formed is an excellent platform of Catholic resources for learning and formation. Avail yourself of this opportunity by clicking on <https://formed.org/> and search for Saint Dunstan’s Parish, 3150 Danforth Avenue to register for this FREE service. You will get to enjoy many formation programmes, write-ups, countless hours of good movies, and great cartoons for the children etc. Please make good use of it. *Formed* contains a wealth of information and resources for everyone!

FIRST CONFESSIONS

First Confessions for children registered for First Communion will be Tuesday, March 5 at 7:00 p.m. in the church. Parents are asked to help their children at home to get ready for this important event in their spiritual life.



REMEMBER
Stations of the Cross
every Friday during Lent
at 7:00 p.m.

Please Note: Mass on Thursday 15 February will be celebrated at 7:00 p.m. NO 9:00 a.m. Mass.



Masses For The Week

Monday: 12 February
9:00 a.m. Intentions of Charles Ugbaja
Req.by his Mother

Tuesday: 13 February
9:00 a.m. Intentions of Charisse

Wednesday: 14 February
ASH WEDNESDAY
Universal Day of fasting and abstinence from meat
12:10 noon Intentions of All Parishioners
7:00 p.m. Intentions of All Parishioners

Thursday: 15 February
7:00 p.m. The repose of Michael Currier
Req.by Family

Friday 16 February
Friday is a day of penitential observance
9:00 a.m.

Saturday: 17 February
10:00 a.m. Intentions of Monette Dolor
Req.by Maria Lozano
FIRST SUNDAY OF LENT
5:00 p.m.

Sunday: 18 February
10:00 a.m. Intentions of All Parishioners
12:00 noon The repose of Gregoria Bisaya
Req.by Terrie Alberastine

SACRAMENTAL PREPARATION

Children preparing for First Communion and candidates for Confirmation are reminded to see Father Jeff after Sunday Mass every week, to assure him of their presence.





**LIBERTY
TAX
SERVICE**

*Personal and
Small Business*

Year Round Service

1714 Danforth Ave.

416-406-9990



CATHOLIC CEMETERIES
FUNERAL SERVICES

In keeping with your Catholic faith
www.catholic-cemeteries.com

Holy Cross Cemetery & Funeral Home 905-889-7467
Mount Hope Cemetery 416-483-4944

**Shop LOCAL • Spend LOCAL
Eat LOCAL • Enjoy LOCAL**

*and support the local businesses
that support your parish*



Memorial Galleries Inc.
Monument Factory Outlet

- Save up to 75% compared to cemeteries
 - Granite and Bronze Markers
- 416-759-0293 53 Bertrand Ave., Unit 1
www.memorialgalleries.ca



Claudio Carreiro
Franchiser/Operator
3400 Danforth Ave.
416-699-2506

Remember...

Let our advertisers
know you saw
their ad here.



Save up to 60% on Funeral Services.

Modern, Affordable, eco Conscious

East York's Newest Funeral Provider.



ecofuneral.ca | 647.660.5056

eco Cremation &
Burial Services Inc.

**THE PERFECT SPOT
TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL
905-624-4422**



Don't leave our
advertisers HANGING!

Please patronize and
tell them that you
appreciate their
support

Your advertisers make
this bulletin possible

**EAT LOCAL
SHOP LOCAL
ENJOY LOCAL**



1150 Victoria Park Ave.



Shopping Locally Saves Gas!

**SALES REPRESENTATIVE
WANTED**

Liturgical Publications, your weekly bulletin printer has
an opening for a **full time Sales Representative.**
Base Salary • Commission • Car Allowance • Travel Expenses
If you have a drive to succeed and are self-motivated,
email your resume to salesrep@parishbulletins.com